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Quick-Study Academic/ Nursing

Quick Study Academic NURSING

ASSESSING LUNG SOUNDS
To auscultate lung sounds, note the shape of your chest and identify the location of the corresponding organs.
Thorax and Lungs (Anatomical diagrams)

ADVENTITIOUS LUNG SOUNDS

SOUND	CAUSAL CAUSES	CLINICAL SIGNIFICANCE
Crackles	Fluid in alveoli, airway narrowing, or secretions	Acute pulmonary edema, chronic obstructive pulmonary disease (COPD)
Wheezes	Restrictive chest wall, hyperinflated lungs, airway narrowing, or secretions	Asthma, emphysema, chronic obstructive pulmonary disease (COPD)
Stridor	Upper airway obstruction	Acute epiglottitis, croup, laryngitis, tracheitis
Plural Friction Rub	Friction caused by inflamed pleural surfaces	Pneumothorax, pleuritis, pleural effusion

ARTERIAL BLOOD GAS ANALYSIS (ABGA)

Value	Normal Range	Clinical Significance
pH	7.35 to 7.45	Acid or alkali
PO ₂	80 to 100 mm Hg	Low oxygen
PCO ₂	35 to 45 mm Hg	High carbon dioxide

NORMAL ECG PATTERN

Complex	Normal Values or Range	Adult Interpretive
P wave	< 2.5 mm	Direction of atrial depolarization
PR interval	120 to 200 ms	Time for impulse to travel from SA to AV node
QRS complex	80 to 120 ms	Depolarization of the ventricle
QT interval	350 to 440 ms	Duration of ventricular depolarization
QTc interval	350 to 440 ms	Duration of ventricular depolarization (corrected for heart rate)
T wave	1 to 2 mm	Repolarization of ventricle
ST wave	0 to 1 mm	Depolarization of ventricle (corrected for heart rate)

GRADING OF HEART MURMURS

HEART SOUNDS

CHEMICAL VALUES & SERUM CATION LEVELS FOLLOWING ADULT ATRIAL/VENTRICULAR INTERACTION

Electrolyte	Normal	Acidotic	Alkalotic
Calcium	9.0-10.5 mg/dL	8.0-9.0	10.5-11.5
Chloride	96-106 mg/dL	100-108	98-102
Potassium	3.5-5.0 mg/dL	3.0-3.5	5.5-6.5
Sodium	135-145 mg/dL	130-135	140-145



Synopsis

Thorough coverage of general nursing duties, including analysis and assessment techniques. Includes detailed tables and diagrams clearly labeled and organized for quick reference. Includes detailed information and diagrams on: • lung sounds • normal EKG patterns • cardiac enzymes • adventitious lung sounds • arterial blood gas analysis • grading heart murmurs & heart sounds • cranial nerves • insulin types & action times • symptom analysis • Glasgow Coma Scale • pressure sore staging • common medical abbreviations • intramuscular injection sites • calculating I.V. drip rates & I.V. flow rates • 5 p's of circulatory • checks, edema, pulses & dosage cups • household/apothecary/metric equivalents • conversion factors • complete blood count • four primary assessment techniques • basic head-to-toe assessment • serum electrolytes • coagulation studies • odor assessment

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Customer Reviews

This has some good information. The ones that I found helpful were some lab values, assessing lung sounds, head to toe assessment, IM sites, household and metric equiv., some of the medical abbreviations and odor assessment. I wish that all of the lab values that I deal with at the hospital for clinical every day were in here. I felt like the space used for cranial nerves could have been utilized for something a little more commonly used. In med-surg I've never had to even think about cranial nerves, but lab values play a huge role. Knowing what I know now I would definitely buy it

again though.

Good information for all science students.

Great tool for school! Great

Quick and easy cheat sheet for bio.

This is a great cheat sheet for work and clinicals in nursing school. I first saw this used by a nurse at my job and decided to get this for myself to carry with me to use while I am in school on my way to become a nurse. I love it. It has everything I need. I wish I could have had it sooner. Most of the time my friends have just wrote things down on a sheets of paper or note card to carry around with us, but this is more efficient and less likely to be lost or torn.

helpful

Another great nursing quick resource to have on hand, especially for new nurses. It is full of information on assessing lungs, sounds, EKG, insulin, cranial nerves, calculating IV drip rates, and scoring for GCS and pressure sores. Many other assessment aides to that new grad.

Great for quick reference on clinicals and even when in class. Looks better than anything I could make on my own and is much faster than scrolling or searching through an ebook, or even a real book.

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